

Clinical Studies In Office Whitening



CAVEX



clinical study Turkey



Prof. Dr. Esra UZER ÇELİK



Before



After

YOUR IMPRESSION IS OUR SPECIALTY

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clinical study Egypt



Dr. Nagi Soliman Elarga



Before



After

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clinical study Argentina



Dr. Lucas Echandia



Before



After

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clinical study New Zealand



Dr. Nicky Hale



Before – Shade C3



After – Shade A2

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clinical study New Zealand



Dr. Nicole Smith



Before – Shade D2



After – Shade B1

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DE AMSTERDAMSE
TANDARTS

SINDS  1985

clinical study The Netherlands

Dr. Ai Lien Oei

ACTA, University of Amsterdam graduation 2014

Clinic: De Amsterdamse Tandarts since 2019

General practitioner +

Implantology

Aligners

Cosmetic dentistry

Full rehabilitation

Speaker for Cavex and Airsmile (aligners)



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- Male 26 years old
- Hairdresser
- Never whitened teeth
- Drinks 4-5 coffee per day
- Quit smoking 1 year ago
- Wish: fresh look, not too white
- Start A3
- 4x 10 minutes



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Before – A3



After – BL03

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- Lady 32 years old
- Smokes 10 sigarets per day
- 10 cups of tea per day
- 8 x 10 minutes shade correction
- 2 weeks later another 4 x 15 minutes
- A4 -> A1

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Before – A4



After – A1

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- Male 38 years old
- Personal trainer and family coach
- Whitened once 6 years ago
- 6 x 15 minutes shade correction



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Before – A3



After – A1/B1

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Patient experience - pain or discomfort?

- Non of my patients experienced pain during or after treatment
- Some sensitivity right after application < 3-4 minutes
- Inadequate barrier > white margin, still no pain or discomfort
- This can be avoided by placing the barrier more in the sulcus
- White margin gone < 15 minutes





No UV-lamp... WHY?

It brings warmth and speeds up the process, but is unnecessary with HPS

- Increase of 5,5°C increases risk of irreversible pulp damage
- Less investment
- Takes less space
- More comfortable



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Clinical Studies At Home Whitening



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clinical study Turkey



Prof. Sevil Gurgan

Before – A3

After – B1

End result after four weeks, of which three weeks whitening

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- Male 36 years
- Lawyer
- ‘Lots’ of coffee
- Straight teeth and white teeth
- 6 months aligner
- 15 x ABC masterkit (total 3 syringes)

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Before – A3



After - A1

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- Female 35 years old
- Horse trainer and nail artist
- Never whitened before
- Straight white teeth before wedding
- Aligner treatment 3,5 months
- 4 days of 3 cycles ABC masterkit whitening
- Note: recession of 5 mm



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Before



After

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- Female 64 jaar
- 20 hours
- 4 syringes
- Reason: black triangles filled with composite



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Before – A4



After – B1

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- Female 24 yrs old
- Model
- Wanted teeth more even and white
- 5 hrs (syringe) of whitening
- 4 composite veneers with Tetric flow Bleach XL

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Before



After

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How often ?

- There is no specific limit
- As long as there is no pain
- Or irritation of the gums
- Does not change the structure of the enamel
- If needed take a break
- Or use Exsense

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ABC Master kit - experience

- Hardly a taste
- Lots of saliva and also gel in the mouth
- Patients are extremely positive that they don't have to sleep with it
- Diet is sometimes difficult
- Communication/photo's very important, people feel dissapointed
- Home comfort is appreciated

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ABC Master kit - experience

- Hardly any pain or discomfort
- If so they find Exsense very comforting
- Some experience gingival irritation after 3 days
- Within 3 days this is recovered and most patients proceed
- Some do multiple sessions after each other
- Especially no coffee/no smoking is difficult

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Recomendation

- Dentist supervision is obliged
- Don't whiten when pregnant
- Or under 18 years old
- Not with present caries
- Nor active periodontitis
- Extremely sensitive teeth



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Why Cavex ... ?

- I have tried different brands and methods
- Cavex even without exsense has definitely the least sensitivity
- No UV lamp
- Results are similar/better
- The new HPS (shade correction) is the only chairside (fast working) product I know that works without a lamp



CP



CP



PVP



HP S



HP S



HP S

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